

The Mia Sage Octagon



Mia's Octagon and party bunker are ready for the next exciting event on our calendar—*Journey to the Self*. Think of Sufi priests spinning themselves into ecstasy, or of frenzied lovers caught in the throes of passion. And then think of you, dancing, chanting, singing, and praying your way to the natural high that comes with full spiritual awakening.

Journey to the Self is four days of celebration in the true meaning of that sacred art. You will meet the love of your life—the silent witness that lives in serene bliss behind your familiar identity.

Your body is the map of consciousness, and we are your guides on this marvelous adventure to the higher self. Join us right after Christmas for the time of your life.

Life in the Fast Lane

Life is a wonderful adventure for those who live their dreams. You want to expand and try out your wings. *Sage University* is the launch pad for those who want to step out of the ordinary by living your life as an exciting adventure.

Our students, professors, trainers, coaches, and fans all agree on one thing—that we can earn our living by doing the things we love with the people we love. To find your freedom you will need to resist enculturation and break with tradition. Taking a plane to Ibiza is more than a getaway. When you attend a course with us you fling open a door to a magical world—a world of your own creation.

There are things you want to do and someone you are dying to be. Your power lies in your desire to risk your safe existence by embracing the sensations that bring you to fulfillment.

The finest players in any sport are the ones that acquire the best coaches. Our coaches can bring out the best in you. We can get your ultimate performance. You only need to step out onto the playing field.



Article about GWEN in Ibiza Kurier



Playing with Power

Most people are content to take whatever life brings. Only a few players embrace their innate power—their ability to make things happen.

People who achieve great things are not more talented than you. They don't have more opportunity or more talent. You are capable of living wonderful adventures on par with the best and brightest of people.

Don't buy into the story that your parents and teachers created for you. There is something you were born to do. You are never too young or too old to begin.

Don't wait for a break. Make your own breaks by taking action on those delicious desires.



GWEN Comes to Hamburg

More than a hundred women gathered on Ibiza for the annual GWEN conference. They rubbed shoulders and danced into the wee hours while putting together business projects that will define their success in the coming years.

Mandy Cavanaugh, Lola Amekor and Dr. Anne Pieper took the stage to create an international consulting firm for hospitals worldwide. They began with a theoretical scenario and ended up with a big project that blends training for nurses, doctors, and hospital administrators.

What did you come away with? And what kinds of project partners will you find to carry you to new levels of success? Be sure to attend GWEN in Hamburg in August to see where your partnership with other women will take you.



Greetings from Mia Sage

Everywhere I look these days I see dreams coming true. As for me, I have moved into the training center of my dreams. The Octagon is more than I could have ever imagined. Now we have a world-class training center by the sea where we can all expand our careers and enjoy the comradery reserved for great friends.

This week I finished *Das Neue Unternehmertum*. It is good to have my first book in the German language—especially on the topic of starting up a business.

I have been practicing the principles and procedures of entrepreneurship for nearly eight years now. These business skills really work when you apply them conscientiously. I just turned 29, and my books and my businesses have expanded beyond anything I could have ever predicted. There is a formula that anyone can follow to achieve success. I hope that my book will help you find your calling and put you one the path to fulfillment. You can order your copy today.



Sage University Online

Honor is a difficult concept to understand. That is why we devoted our most recent *Sage University Online* show to this fascinating topic. Imagine—you can learn more about the role of honor in business in this 30-minute broadcast than by reading a dozen books on the subject.

Weekly tuition for *Sage University Online* is less than a pack of cigarettes or a glass of wine. Yet every session provides insights that you can use to build character and to grow your business. No other training can compare.

Watch www.freecoachtv.com every week for free. Then step up to serious training in the privacy of your own home by signing up for Sage University Online. Continuous improvement is the key to better living. Join us this week.



Who You Are



When you play a role long enough you turn yourself into the character you are playing. Pretend to be a housewife and “poof”—there you are. Hold a position in a company long enough, and “wa la”—you have become what you were only pretending to be.

The unlived life is a tragedy. Unfulfilled dreams lie dormant. People strive for meaningless goals. They aim for fuzzy outcomes. People want to improve themselves or be authentic. But no one really knows what that means. No one can achieve those aims because they only exist in the mind. So people pretend harder until they convince others that they are what they claim.

In reality there are markers that signal awakening. When you have the power to live your life on your own terms you produce outstanding results.

The Good Life

If you know yourself and you understand other people you need not fear the outcome of a thousand encounters. Great philosophers and effective leaders have passed this truth from one generation to another. You are a mighty force of nature masquerading as a selfish clod of ailments, complaining that the world does not devote itself to fulfilling your demands. Your judgment of others perfectly reflects your view of yourself. But behind all the drivel that floods your mind and takes up your day, you are a marvelous creature who longs to live free.

Traditional businesses, education, social, and family systems only add to the numbness and pretentiousness. Your mundane routines create habituation that further clouds perceptions. Awakening requires a gentle shock—a quick glimpse in a clear mirror of what you have become.



Through the Looking Glass

When Alice travelled through the mirror into wonderland, she shattered her complacent view of the world. She found herself in a miraculous world of strange characters and marvelous adventures. When you catch a glimpse of the dull life you have created you wake up. New awareness shatters the mirror of self-reflection. First comes disorientation. You notice how you have projected your own worst qualities onto other people—particularly on the opposite sex or on those who seem different than you.

If you are ready to move beyond your bleak view and embrace full aliveness, it is time to join us for Self-Actualization. The awakened individual assembles a new reality that is more in tune with the exquisite beauty of nature. Are you ready to leave your tired lives behind—to emerge into the lovely world around you?



The Time of Your Life Begins Now—On Ibiza

We want to invite you to the two most exciting events that we offer. At the end of each year Sage University offers two seminars to remind you of who you really are so that the choices you make in the following year reflect your true nature. We end the Year with Journey to the Self—a rollicking celebration of the sacred nature of being alive in the world. We sing, dance, laugh and play through the last days of December, throwing off the shroud of tradition and enculturation to rediscover the elegance of this garden universe we inhabit.

Then we begin the new year with seven days of hilarious inner theater designed to make fun of the pomposity and self-importance that has covered our beautiful lives with painful moods, attitudes, and judgments. It can be quite a surprise to see how petty tyranny and self-righteousness have pervaded your perceptions. The shock is like sudden lightning and thunder. There is a loud bang—a moment of terror followed by laughter and relief. If you are ready to return to the innocence, make plans to spend a few days with us on Ibiza for one or both of these marvelous events.

Journey to the Self (December 28-31)

The sweetest, lightest pathway to the self is the way of music, dance, and laughter. Journey to the Self is 4 days of levity and celebration. Energy awareness, sensuality, and inner wisdom come together here to lift your spirits and shift your life into a new dimension of aliveness. Playfulness is the most pleasurable path to transcending the world of work and worry.

If you long to shatter the mirror of self-reflection, there is no better way than through guided meditation together with gentle lilted movements that stimulate your senses. This course sensitizes your pleasure centers and restores the innocence you enjoyed as a young child. Christmas is a modern celebration of an end-of-the-year ceremony known in ancient cultures throughout the world. The joy of this event lives in your DNA and surges through your body at this important time. We invite you to spend these sacred days with us on the beautiful island of Ibiza to discover the profound love that forms the very core of your being.

Self-Actualization (January 02 - 08)

Getting free is easy. The great challenge of life is to face the harsh view of yourself that you project onto other people. No matter how hard you try, your mind can't think and your body can't feel the wonder of your existence. That is why we created Self-Actualization to mirror the enculturation and self-deception that hold you prisoner in the false reality created by your mind.

You can't heal an organism without getting to the roots that lie deep in the dirt and darkness. Our trainers are masters of inner theater—they act out qualities in you that you have been unable to face or to embrace. Only the truth can set you free. If liberation is important to you, Sage University's *Self Actualization* is the only course that reveals the truth, the whole truth, and nothing but the truth. This course is the perfect reflection of your anima—the animal spirit that must find release for you to live your dreams. You won't like it when you see yourself as others see you. But we will guide you deeper into your nature to discover your true beauty. You will get to know the deeper self that witnesses your life from a place of serenity and joy.

First this course will shatter your false ego. What a relief, to discover that you are not the pompous, frightened ass who has been making your decisions and grasping for empty imitations of life. The moment you realize who you are not, you will begin to sense the sweet, genuine character that is the actual self.



December 2013

- Weekends
- Geisha Series
- Self-Actualization
- Sage University 10-day modules
- Online-Seminars
- Sage University 6-day modules
- How to Talk to Men Series

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	1 Millionaire 10-Day - Ibiza
2	3	4	5	6	7	8 Millionaire 10-Day - Ibiza
9	10	11	12	13	14	15 Millionaire 10-Day - Ibiza
16	17	18	19	20	21	22
23	24	25	26	27	28	29 Journey to the Self - Ibiza
30	31	1	2	3	4	5 Journey to the Self - Ibiza
			Self-Actualization - Ibiza			

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January 2014

- Weekends
- Geisha Series
- Self-Actualization
- Sage University 10-day modules
- Online-Seminars
- Sage University 6-day modules
- How to Talk to Men Series

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	1	2	3	4	5 Journey to the Self - Ibiza
			Self-Actualization - Ibiza			
6	7	8	9	10	11	12 Self-Actualization - Ibiza
				Partnership - Ibiza		
13	14	15	16	17	18	19 What to Do with the Rest of Your Life - Ibiza
20	21	22	23	24	25	26
27	28	29	30	31	1	2 How to Talk to Men Instructor Course - Ibiza

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February 2014

- Weekends
- Geisha Series
- Self-Actualization
- Sage University 10-day modules
- Online-Seminars
- Sage University 6-day modules
- How to Talk to Men Series

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
					How to Talk to Men Instructor Course - Ibiza	
3	4	5	6	7	8	9
How to Talk to Men Instructor Course - Ibiza						
10	11	12	13	14	15	16
How to Talk...ourse - Ibiza				How to Talk to Men - Austin		
17	18	19	20	21	22	23
24	25	26	27	28	1	2
			Geisha School Advanced - Bora Bora			

March 2014

- Weekends
- Geisha Series
- Self-Actualization
- Sage University 10-day modules
- Online-Seminars
- Sage University 6-day modules
- How to Talk to Men Series

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
24	25	26	27	28	1	2
			Geisha School Advanced - Bora Bora		Coaching School - Ibiza (6-Day)	
3	4	5	6	7	8	9
Coaching School - Ibiza (6-Day)				How to Talk to Men - Los Angeles		
				Coaching from the Heart - Ibiza		
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

